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Less Is More : 7 Effective Tips To Declutter And Simplify For More Fulfilling Life: (How To Keep Your Home Clutter Free, Organized & Simplified In 5 Minutes A Day)



Effective Tips to Declutter and Simplify for More Fulfilling Life





Synopsis

Have you ever been late to work because you couldn't find your keys? Have you ever had to buy an item only to discover later you already had one at home? If you answered yes to the above questions, you most likely live in a cluttered home. There is nothing to be embarrassed about as itâ ™s a common problem in today's fast-pace environment where we are constantly bombarded with new products. Very often we end up owning more than we need and fail to realize it until it gets out of control. Our home becomes disorganized, unpleasant and a stressful place that we face everyday. Worry no more !Less is More will walk you through your entire home and show you step-by-step how to start decluttering and organizing each room guickly and easily while stay motivated.Less is More is broken down into bite-size sections, to allow you the flexibility to choose which room to declutter, tidy up, simplify as your busy life permits, be it a commitment of 10 minutes or 1 hour. Less is More will even help you declutter, your workplace. Through a series of small changes, you will see your home transform right before your eyes into a well-organized, tidy and pleasant home where you can enjoy precious family time and the finer things in life. Inside, you will learn: â ¢How to differentiate needs from wants. Spend less, Save space and save money.â ¢Systematic and flexible ways to declutter, organize and tidy up based on own preference and timing. â ¢Techniques to quickly decide on which stuff to Reuse, Resale, Recycle or Discard. â ¢Step-by-step to speed cleaning, arranging and organizing stuff.â ¢How to efficiently make use of storage to create space.â ¢To build mindset and cultivate mini habits that prevent Re-Clutteringâ ¢And much, much more! Want to know more? Download and start to declutter, simplify and regain a your fulfilling life ! Simply Scroll up and click on the â œBuyâ • button now.

Book Information

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Customer Reviews

A very informative book with a lot of tips on how to declutter and organize your home. And the good thing is that you don't have to do it all at one go and you only need to spend around 10-20mins per day. and the most important tips of all is how to prevent your home from getting cluttered again after you have spent a lot of time into decluttering. So you don't waste all your efforts.

Good book, especially the last bit on "Prevention is better than cure- Mindset and habit". It is a very simple and direct advice that I must remember when I go and do my shopping. Love to buy and stcok up on stuff especially when they are on discount. A tidy home is very important as it reflects the state of the mind.

A very important aspect of living...how many times have we been left searching for keys and the small stuff...how stressful does it feel if our worktable is full of papers...this book is useful for organizing stuff and the art of de cluttering...so that we can be more relaxed, productive and fulfilled...Go for it...filled with a lot of stuff + bonus tips..

A good reminder for everyone to avoid most falls and tripping in our own home is to declutter. I like the Bonus Tips section especially on one simple way to declutter is to sit on the couch and scan the room for disheveled and unorganized items, for just a few minutes in a day or week. Many other suggestions on how to avoid cluttering from shopping without a purpose, 5 mins scanning, choose one item a day to declutter, etc. I have chosen a few minutes a day to declutter. What about you?

I remember the program about Hoarders: Family Secrets and absolutely wanted them to read this book. Its clean, concise, and straight to the point. The pictures in the book illustrates well too. Good buy.

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